

Easington Church of England Primary School

P.E. Curriculum Plan 2020-21

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<u>Healthy Bodies</u> Spatial awareness	<u>Healthy Bodies</u> Motor skills	<u>DANCE</u> How my body changes during exercise	<u>GYMNASTICS</u>	<u>MULTI-SKILLS</u>	<u>SPORTS DAY GAMES</u>
1	<u>DANCE</u> Moving Along <i>X-country</i>	<u>MULTI-SKILLS</u> Static Balancing <i>Gymnastics</i>	<u>GYMNASTICS</u> <i>Swimming</i>	<u>GAMES</u> 10 Point Hoops <u>OAA</u> <i>Hoopstarz/Football, Dance</i>	<u>GAMES</u> Bean Bag Throw <u>MULTI-SKILLS</u> Vertical Jump/leap/hop	<u>ATHLETICS</u> Off, up and away <u>MULTI-SKILLS</u> Throwing-under/over
2/3	<u>GAMES</u> Piggy In The Middle <u>MULTI-SKILLS</u> Running <i>X-Country</i>	<u>DANCE</u> <i>Gymnastics</i>	<u>GYMNASTICS</u> Families of actions <u>MULTI-SKILLS</u> Catching <i>Swimming</i>	<u>GAMES</u> Mini Tennis 1 <i>Hoopstarz/Football Dance</i>	<u>GAMES</u> Kick Rounders <u>OAA</u> <i>OAA</i>	<u>ATHLETICS</u> Off, up and away
4	<u>GAMES-Invasion</u> Skittles <i>X-Country</i>	<u>GYMNASTICS</u> Balancing Act <i>Gymnastics</i>	<u>DANCE</u> Round the clock <i>Swimming</i>	<u>GAMES-Net/wall</u> Mini - Tennis 2 <u>SAQ</u> <i>Football, Dance</i>	<u>GAMES- Strike/Field</u> Arc Rounders <u>OAA</u> <i>Mini Tennis</i>	<u>ATHLETICS</u> Faster Higher Further <u>GAMES-Strike/Field</u> Boundary Line <i>Athletics</i>
5/6	<u>GAMES - Invasion</u> Tag Rugby <u>GAMES - Invasion</u> Fives and Threes <i>X- Country, Netball</i>	<u>GYMNASTICS</u> Acrobatic Gymnastics <i>Tag Rugby, Girls football, Sports Hall Athletics, Gymnastics</i>	<u>DANCE</u> Indian Delight <u>SAQ</u> <i>Boccia, Swimming</i>	<u>GAMES-Strike/field</u> Pairs Cricket <u>BASKETBALL</u> <i>Basketball, Football Dance</i>	<u>GAMES - Net/wall</u> What a racket-Tennis <u>OAA</u> <i>New Age Kurling,</i>	<u>ATHLETICS</u> Distance Challenge <u>GAMES-Strike/field</u> Rounders <i>Cricket, Mountain-biking, Athletics, Netball,Rugby League</i>

